

Today's Palmer



November 2018



NORTHAMPTON COUNTY, PENNSYLVANIA



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Palmer Holiday Fest & Tree Lighting

at the Charles Crin Community Center
of Palmer Township
Saturday December 15th, 2018 | 6:15pm
Details inside on page 16

Camp Palmer Reunion

Thursday December 27th, 2018 | 10:00am – 12:00pm
Details inside on page 16

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Palmer Township

Palmer Municipal Building
3 Weller Place, Palmer, PA 18045
T (610) 253-7191
F (610) 253-9957
www.palmertwp.com

EDITOR:

Ariel Kollar
e-mail: akollar@palmertwp.com

CONTRIBUTIONS:

Fax or mail newsletter contributions to:
Today's Palmer
Palmer Municipal Building
3 Weller Place
Palmer, PA 18045-1975
Phone: 610-253-7191
Fax: 610-253-9957
e-mail: akollar@palmertwp.com

For information about advertising in Today's Palmer, please call Denise Morano at 610-346-6126 or email DeniseOfHTP@yahoo.com

I would like to thank everyone involved in the huge success of the Palmer Township Community Days at Fairview Park, August 15-19, 2018. A special thank you goes out to the Palmer Township Board of Supervisors for hosting the event as well as the Palmer Public Works/Parks/Utilities Departments for their hard work in setting up for the four-day event and keeping the park clean and litter-free which was a very tough job this year! Also, thanks to the Palmer Police Department, Palmer Municipal Fire Department and Suburban EMS for their continued participation in keeping the event a safe place for our families and friends to enjoy themselves. I thank each one of you for your hard work and dedication to Palmer Township.

Diane Grube, Co-Coordinator
Palmer Township Community Weekend

We would like to take this opportunity to thank all the named businesses and individuals who generously donated towards our Palmer Township Community Weekend event. With their donations we were able to have a very successful event which was enjoyed by many!

2018 Platinum Level Sponsors (\$2,000 +)

Palmer Township Board of Supervisors • City Entertainment Systems • Embassy Bank for the Lehigh Valley • Northampton County • St. Luke's University Health Network



2018 Gold Level Sponsors (\$1,000-\$1,999)

Charles Chrin Companies • Lafayette Ambassador Bank • Millennia Salon & Spa



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Tacos y Tequila Restaurant • Walgreens • Werner Enterprises



The Crivellaro Family



Holiday Municipal Building Closings:

Veterans Day
Monday, November 12, 2018

Thanksgiving Day
Thursday, November 22

Day after Thanksgiving Day
Friday, November 23

Christmas Eve
Monday, December 24

Christmas Day
Tuesday, December 25

New Year's Day
Tuesday, January 1

*The Township Board of Supervisors and Township Staff
would like to wish everyone a Happy Thanksgiving,
a Merry Christmas and a
Happy New Year!*

2019

The Role of the Code and Zoning Departments - Functionality and Education

The roles of the Code and Zoning Departments are essential to enhancing the quality of life by monitoring and enforcing a variety of applicable ordinances, codes, regulations and ordinances related to building codes, health and safety, blight, property maintenance, and other matters of public concern; and serves as a resource and provides information on Township regulations to property owners, residents, businesses and the general public.

To help keep Palmer Township as a desirable community to live in, such Departments take a proactive approach in enforcing regulations and ordinances. An effective program has a direct impact on preserving property values as well as attracting tourism, new housing, and business development. As codes may vary between municipalities, education and enforcement is crucial to promote a safe and blight-free township.

The following represents a list of the most commonly-cited issues:

- **Maintenance of Structures:** Structures, including houses, buildings, garages, sheds, fences and decks, should be maintained structurally sound and kept in good repair. Pools, hot tubs and ponds must be kept in a sanitary condition.
- **Unlicensed and/or Inoperable Vehicles:** Vehicles on exterior property areas, are required to be inspected, registered and operable.
- **Parking:** Motor vehicles may not be parked on any grassed area, covered with growing things of value or not otherwise designed to reasonably accommodate the type of vehicle.
- **Sidewalk Obstructions:** Public sidewalks must be kept clear of trees, bushes and snow.
- **Outdoor Storage:** Refuse, rubbish and garbage should not be stored on the exterior property and premises. Typical items include construction materials, furniture, electronics, accumulation of yard debris (such as branches) and other items not specifically manufactured for exterior use.
- **Garbage and Recycling Practices:** Bulk items shall not be stored outside, or placed at the curb, until the special curbside collection week. Garbage and recycling must be placed in an approved receptacle.
- **Overgrowth:** Grass and nonornamental vegetation is limited to 6-inches in height. Noxious vegetation, such as: ragweed, goldenrod, poison ivy, poison oak and poison sumac shall be removed.
- **Sight Obstructions:** Sight distance zones of intersecting street curblines must be kept clear of fences, walls, plantings and structures.
- **Signage:** Signs affixed to utility poles and street signs is prohibited. Yard sale signs should be free-standing and removed within 24-hours after the sale. All commercial signage does require a permit.
- **Recreational Vehicles:** Watercrafts, motor homes, travel trailers, all-terrain vehicles and snowmobiles 16-feet or longer are not permitted in the front yard except for loading and unloading purposes. Recreational vehicles longer than 16-feet may be stored in the side or rear yards, provided they maintain an 8-foot setback from the property line.
- **Permits:** Various building and zoning permits are required. Visit the Township website (www.Palmertwp.com) for additional information.

Remember, responsible property ownership and maintenance will give rise to a healthy neighborhood economy. If you would like more information, you may contact the Code Department at (610) 253-7191.

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Thank you

Palmer Township gratefully acknowledges the generosity and support of the businesses and individuals who have placed advertisements in our newsletter. This newsletter has been designed and printed at no cost to you, our residents. We encourage you to patronize these businesses as they play a vital role in the economic stability of our community.

Got a Home Cleanup project?



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 for more information.

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Clearance of Snow from Public Sidewalks

Please remember that all snow, ice or sleet shall be removed from public sidewalks abutting your property within 12 hours after the same has ceased to fall or accumulate thereon. This includes the accessibility ramps located at street intersections. Whenever it may be impossible to remove all snow, sleet or ice, which may have become compacted by travel or formed on sidewalks to present a slippery surface, ashes, cinders, sand or any other suitable substance shall be applied as to facilitate safe walking upon the sidewalks.

Placement of Snow in the Roadway Prohibited

Palmer Township has enacted an ordinance prohibiting the depositing of snow by property owners, residents and any person(s) onto the surface of any roadway, street, highway and other areas within the township. There have been times throughout the winter season when snow has been thrown onto the roadway after plowing has been completed and thaws and refreezes as day and night temperatures fluctuate, thereby causing hazardous areas on the roadway for both vehicular and pedestrian traffic. This prohibition includes, but is not limited to, snowplowing, snow blowing, shoveling and dumping of any snow, ice or other frozen precipitation onto the roadway and other areas of the township.



§109-3(SS) - Depositing snow prohibited: No person shall throw, blow, shovel, plow, push, dump or by any other manner, deposit any snow, ice, slush or other form of frozen precipitation upon any state highway, township road, median, roadside shoulder and swale, intersection sight triangle, inlet, public sidewalk, fire hydrant or privately owned property without the permission from the property owner. Exempted from these restrictions are state and municipal employees and other individuals contracted by said state or municipal governmental authorities expressly for the purpose of snow and ice removal and/or plowing.

When is a Permit Required?

The Pennsylvania Uniform Construction Code, as well as, the ordinances of Palmer Township requires permits for many types of projects. Activities requiring permits include:

- Any structural change/alteration
- Plumbing
- Electrical
- Mechanical/HVAC (new and replacement)
- Re-roofing
- Replacement windows
- Replacement siding
- Decks
- Pools (permanent/temporary and replacement)
- Finished basements
- Driveways (replacement, expansion and resurface)
- Signs (except political signs) and banners
- Additional living space conversions
- Patios and patio roofs
- Fences (temporary and permanent)
- Retaining walls
- Sheds and carports (accessory structures)



Building code regulations require minimum standards for design and construction to ensure the safety and welfare of the occupants. The above list may not include all necessary permits. You may contact the Permit Department at (610) 253-7191 for more information.

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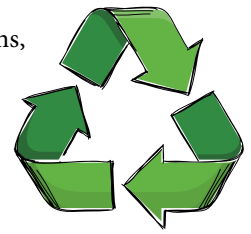


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Commercial Recycling is the law!

Pennsylvania Act 101 and Palmer Township require that businesses, professionals, non-profit organizations, manufacturers, institutions, industrial and residential landlords must recycle plastic containers, glass bottles and jars, newspapers, office paper, magazines, junk mail, phone books, cardboard, and yard waste. It further requires that you report your recycling information to the Township each year. Reports are mailed to all businesses in December and the fully completed and signed report must be returned to the Township by February 1, 2019. Contact Cindy Oatis at coatis@palmertwp.com for questions or assistance.



PALMER PARKS AND RECREATION DEPARTMENT INFORMATION

It is the Parks & Recreation Department's goal to provide citizens with a safe environment in which recreational opportunity can be maximized. Due to the wide variety of patron needs and use of Township property, it is necessary to establish the following rules and regulations.

Event representative must have permit with them for duration of the event.

Reservations: Will be available to Palmer residents only for the month of January, beginning on January 2nd, 2019 at 9:00am. Park rentals will become available to the public February 1st, 2019 at 9:00 am. All reservations must be completed in person at the Charles Chrin Community Center of Palmer Township, located at 4100 Green Pond Road, Palmer, PA 18045 Ph. 610-252-2098.

Fees:

- **Penn Pump** - There are 2 permits available per day at Penn Pump Park. Penn Pump permits allow the consumption of alcohol and access to restrooms. Rental time 8:00AM-10PM
 1. Penn Pump Pavilion Permit **Not to exceed 150 people.* Allows parking near the pavilion and pavilion access.
Palmer Residents \$100.00 & Non-Residents \$175.00
 2. Penn Pump Picnic Permit **Not to exceed 50 people, required for 10 or more people.* Picnic permit for Penn Pump allows access to tables outside of the pavilion.
Palmer Residents \$50.00 & Non-Residents \$100.00
- **Riverview** - Permit for Riverview Park allows the responsible use of alcohol.
Rental time 8AM-10:00PM
Palmer Residents \$100.00 & Non-Residents \$175.00
- **BIP Pavilion, Briarcliffe, Fairview, Keystone, & Mill Race** – Alcohol prohibited.
Rental time 8AM- 10PM
Palmer Residents \$75.00 & Non-Residents \$150.00
Briarcliffe is unavailable for rent on weekends from Memorial Day to Labor Day.



Arndts Lutheran Church

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Open Arms Seniors each Tues & Thurs 10-3 • Nov 10th Pork & Sauerkraut Dinner 4-7pm
Nov 21st Thanksgiving Eve Service • Nov 22nd Provide Safe Harbor Thanksgiving Meal
Dec 8th Kids Christmas Workshop 2-4pm • Dec 12th Mid Week Advent Service
Dec 24th Christmas Eve Services

After the growing season was over in the autumn of 2017, fifty calla lily seed pods were harvested in my garden. The process is to enjoy the one calla lily flower per plant in June and let it be until the first heavy frost. The flower petals come together at the top and form a thick green leathery layer around the area where the seeds grow on the inside. Because the seed pod becomes heavy, the stem holding it up bends and the seed pod rests on the soil. At that time, after the first hard frost, the seed pod is cut from the stem and stored in a cool place like an unfinished basement. Setting them on a piece of plastic is fine. Do not cover them so that mold does not grow.



The seeds may be planted in May 2019 in Palmer. Getting the seeds out of the leathery coated seed pod is very easy. Place the seed pods in a container of water for three days. Use a kitchen metal strainer to rub one mushy seed pod against, the mush separates very easily from the seeds. Ideally the seeds should be planted about one inch deep in loose quality soil. Hard clay is not good because the plant may not break through the surface the second year. I had that experience. Keep the soil wet for at least 4 weeks to see the little leaves appear. Keep the plants wet all growing season. Dry plants will fade from green to tan or whitish.

Calla lilies don't grow well in full shade. Full sun may cause the leaves to brown or burn. These plants were in the ground for six consecutive years. Try that for the seeds you get from me. Keep them in the ground. The first 34 seed pods that were mushed around in the strainer were put into a bucket. The thought came to count how many seeds are there in a calla lily seed pod. Mushing them around, putting them on a small tray, separating by tens, and counting produced the following totals for the last 16 seed pods: 125, 64, 112, 141, 135, 97, 66, 75, 65, 45, 71, 80, 102, 297. That totals 1,095. Doing the math and assuming an average for fifty pods the total could be close to 3,421. A lot of the seeds were planted on my personal property or given away to Palmer residents. There will be more than 50 seed pods this November.

Are you smiling yet? This keeps increasing every year. We could make Palmer the calla lily capital of the world. All the seeds are free. Help, take some. You have friends who love calla lilies. These seeds make great gifts. Free is good. Check them out on the internet. These flowers are solid white, and the leaves are green with white streaks throughout – see picture taken in June 2018. Although this publication goes to Palmer residents, this offer of free seeds is for any plant lover. Seed pods can be ripped apart and a few seeds can be taken out. There is no rule that says that a whole seed pod must be taken. By the time we read this article the seed pods are probably resting comfortably in my basement. From now to May 2019 or after they are ready for their new homes. Yours.

Volunteers and people in need of community service hours are welcome to help weed at the Fairview Park and Post Office gardens. Walkers on the bike path are always encouraged to bring a bottle of water and adopt some plants and keep them thriving by giving them drinks.

Contact Dave 610-704-5868 • d.carr@rcn.com



Attention History Buffs:

The Palmer Historical Society invites your membership and attendance at their informative and educational meetings featuring local and area subjects of interest.

Meetings are held in the Palmer Library 10:00AM to Noon February – May and September – November. Membership is \$5.00 per year and includes invitation to all events.

Interested? Please contact Ed Dean at 610-253-2281

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News from the Business, Industrial and Professional Association (BIP) of Palmer Township

Helping Our Businesses



Helping Our Community

The Business, Industrial and Professional Association of Palmer Township held their June general membership luncheon on Wednesday, June 27th at the Marblehead Chowder House. The group awarded their 2018 scholarships to Morgan Colver and Katelyn Young, both graduates of Easton Area High School. Morgan Colver is the daughter of Dave and Lisa Colver and she will be attending Northampton Community College majoring in Criminal Justice. Katelyn Young is the daughter of Jeff and Debbie Young. She will also

be attending Northampton Community College majoring in General Studies/Business.

Sebastian Rivera from Lehigh Valley Media was the speaker at the June luncheon. He spoke about social media and what management should be thinking about when integrating social media into their marketing plans. Sebastian said the organizations that understand the purpose of social media are reaping the rewards while those who don't understand the impact are struggling to justify their time and money spent on social media marketing. He noted: 1 - Companies without a social media strategy in place can never effectively deliver a message to their intended audience; 2 - Most businesses want to be on every social media platform, which tends to spread them too thin; and 3 - One of the fastest ways to turn away customers is talking about your company all the time (the all about me factor). Sebastian shared some great tools for companies to use who are interested in stepping up their social media marketing plans.

Pastor Laura Csellak of St. Andrews Lutheran Church in Palmer Township has been the Chaplain of the Palmer Township BIP for many years. At our June membership luncheon, she resigned the position informing the group that she accepted the calling to become the Pastor at Christ's United Lutheran Church in Ashland, PA. For many years she has graced our luncheons and special events and her prayers have always been very thoughtful and impactful. We will miss her, and we extend our best wishes to her in her new position. Board member Jeff Young presented Laura with a plaque in recognition of her many years of dedicated service to the BIP.

Top: Pictured in the photo is Lisa Colver, BIP Scholarship Committee Member presenting the awards. (Left to right) Morgan Colver, Lisa Colver, Katelyn Young. **Middle:** Sebastian Rivera. **Bottom:** Jeff Young and Pastor Laura Csellak.



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Principal and Co-Founder

Robert Pretopapa, CFP®
Member/Partner

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The 2018 Fall season of the Miracle League of Northampton County opened on September 8, 2018. The five-game day included ten teams, hundreds of players and volunteers, and many more in attendance. The Miracle League of Northampton County provides opportunities to play baseball on a barrier free field for children and young adults with intellectual and physical disabilities. Games are scheduled Tuesday and Thursday evenings as well as Saturday mornings at the Easton Rotary Field at the Charles Chrin Community Center of Palmer Township. The League has been very active since our spring season. We had a pool party at the Palmer Township Community Pool in August and our fall season ended on October 20th. Fall evening games are a wonderful opportunity to bundle up and come watch a game under the lights. We closed the season with our annual Trick or Treat event at the field, hosted by the Lehigh Valley Yankee Fan Club. With approximately 50 vendors, the event was enjoyed by hundreds of players and siblings.

We are very appreciative of the support by the County, municipalities, individuals, organizations and businesses through grants, donations, volunteerism, and attendance at games. The Board of Directors very much appreciates this support and thanks all those involved. We also thank Palmer Township and the Public Works Department for maintaining the area around our field. Game schedules, volunteer opportunities and player registration are available at our website, www.miracleleagueofnc.org, and like us on Facebook for the latest news. You can also follow us on Twitter and Instagram for the most up to date happenings. At all our games, the spirit of sportsmanship, community support, and volunteerism come together to support our motto of "Every Child Deserves a Chance to Play Baseball."



Palmer Township Athletic Association

We will be holding our annual Christmas tree sale beginning on Friday, November 23, 2018

The sale is located on 25th Street in between Dunkin Donut and Wells Fargo, the sale runs until we sell out.

**All proceeds from the Christmas tree sale support the sports programs for the children of Palmer Township.*

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Shekiba Shahabzada, MD; Lauren Strohm, DO;
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Palmer Branch Hours: Monday 9 a.m. - 5 p.m. • Tuesday thru Thursday 9 a.m. - 7 p.m. • Friday & Saturday 9 a.m.-5 p.m.

Library Hours:Closed **Saturday, November 3** • Closing at 5:00pm on **November 21** • Closed **Thursday, November 22** for Thanksgiving
Closed **Monday, December 24** and **Tuesday, December 25** • Closed **Monday, December 31** and **Tuesday, January 1, 2019****Veteran's Day**

The Palmer Branch will have holiday cards set out for our military who will not be home this holiday. Please stop in to fill out a card. Support the Troops, Inc will send the cards overseas in time for the holidays. Cards will be available beginning November 1st.

Adult Book Group

November 27: *Lilac Girls* by Martha Hall Kelly

No December Meeting

January 22, 2019: Book Swap

All local book groups are welcomed to join us to gather titles for the upcoming year. Hear what others are saying about the books they read!

Bring a wrapped book (can be gently used!) and we will swap with others while having fun learning about some of our favorite books

**Forever Young Adult Book Group**

Forever Young Adult Book Group meets once a month on Wednesday evenings at 6:00pm. This group is designed for adults who enjoy reading teen and young adult literature. New members are always welcome! Upcoming titles are:

November 14: *Mary's Monster: Love, Madness, and How Mary Shelley Created Frankenstein* by Lita Judge

December: No meeting

January 16: *Children of Blood and Bone* by Tomi Adeyemi

**New...New...New... Adult Book Group for True Crime Fanatics**

A new adult book group for true crime fanatics launched at the branch in August. This book group will definitely have you locking your doors at night! For more information contact Ashley at absupinski@gmail.com.



Holiday Story Time

Holiday Story Time runs from November 5 – December 11th. Holiday stories, songs and fingerplays will be offered to preschool children. Call the library today for more information at 610-258-7492.

Santa

Santa is coming to our library! Stop by the branch after Thanksgiving for the day and time of this event!



Giving Tree

The Palmer Branch will once again sponsor 2 local families this holiday season. Our Giving Tree will be set up on Saturday, November 24. Please stop by and take an ornament that has someone's 'wish' for this holiday season. Wrapped gifts will be taken until December 15th.

Booker the Library Elf

Booker the Library Elf will be returning on Saturday, November 24th! Each week he will be located in a different spot in the library. Join in the fun searching for Booker and enter a raffle to win a great prize!



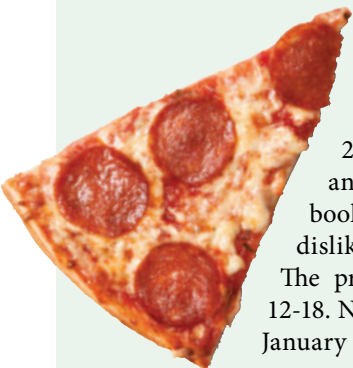
Who Was ...Book Group

The group will discuss, *Who Was Steve Irwin?* by Dina Anastasio on Tuesday, November 13 at 6:00pm. This book discussion is designed for children ages 7-13 years old. Enjoy learning about this adventurous man and the legacy he left behind. If your child is interested in joining our group, please email Miss Stephanie at stephanies@eastonpl.org to be placed on our reminder email list.



I Survived Book Group

I Survived Book Group is for children ages 8-12. We meet four times a year to discuss a different book in Lauren Tarshis's *I Survived* historical fiction series. Our next meeting is Wednesday, January 30 at 6:00pm to discuss *I Survived the Bombing of Pearl Harbor, 1941*. Registration begins January 2.



Teen Chat & Chew

Teen Chat & Chew meets every other month on select Saturdays at 2:00pm. Teens can meet for pizza and snacks while having an open book talk about books they love (or dislike). No registration is required. The program is open to all teens ages 12-18. Next meetings are November 17 and January 12.

Teen Writers Go!

Are you a teen that loves to write? Consider joining the new group at the Palmer Branch led by Miss Ashley. If you are interested, email her at absupinski@gmail.com for more information.



Would you like to be kept informed of upcoming events at the Easton Area Public Library? The Friends of the Library has sponsored an email online newspaper. This is a great way to know what current events are happening! Sign up to stay in touch. Go to www.eastonpl.org and click the "join the email list" button!

We drive million-dollar fire apparatus, own the best equipment available to the fire service, display diplomas to the highest levels of certifications. But none of that matters if we as firefighters cannot physically do the job when called upon.



The US Fire Administration conducted a study on firefighters and their heart rate when the alarm sounds. The study shows a firefighter's heart rate increases 47 beats when the tones sound, increase 30 beats when responding, and by the time a firefighter jumps off the truck preparing to work, the heart rate is racing 150 beats per minute.

Studies reflect 1/2 of the 100 firefighters who die in the line of duty every year in the United States perish as a result of a heart attack, which we can lower by being physically fit to fight fire.

PMFD tested their limits, while teaming up with Warrior Fit Performance they reviewed their heart rates during resting time, and immediately after physical exertion. Each member performed beyond expectations, by completing a rigorous CrossFit course, which consisted of numerous stations geared towards fire ground bodily and cardio functions. There is no question, PMFD is not only educationally fit to fight fire, but also physically fit to fight fire. We stand by our motto at Palmer Township Fire Department... "Train Insane OR Remain the Same"

If you are a first responder and would like to have your organization put through the testing physical fitness training exercise as PMFD practices, contact Deputy Chief Jim Alercia at Palmer Township Municipal Fire Department.

On behalf of Palmer Municipal Fire Department, we thank you for your continued support. Visit us on Facebook (<https://www.facebook.com/PM27FD>) or our website (www.palmerfire.org) where you can find updated information on events and special notices.



Dr. John P. Boscia



Dr. Lori A. Bartholomew

DR. JOHN P. BOSCIA

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Santa is planning his trip to Palmer Township and will be teaming up with Palmer Township Fire Department to make his visits. If you would like to see Santa, he will be with the firefighters on the following dates.

- **Saturday November 10th - Santa will be delivered to The Palmer Park Mall**
- **Saturday, December 15th - Santa will be delivered to The Charles Chrin Community Center**



Santa is Coming to Town!

It's that time of year again and we need to start preparing for our annual Santa visit. Santa & his Firefighter friends will be visiting some of the kids in Palmer Township on **Saturday December 22nd, 2018**, between the hours of 9am & 3pm. If you would like Santa to stop at your house, please read how it works below.

How it Works:

1. You go out and buy a gift(s).
2. Bring it home wrap it, write your child's name and address on it.
3. Drop the gift(s) (limit 2\child) off, along with a \$10.00 per child donation at PMFD Station 1 (3254 Old Nazareth Road) between 6pm – 9pm on 12/03, 12/10, and 12/17.
4. On Saturday December 22nd, between the hours of 9am – 3pm Santa and some of PMFD Firefighters will make a special visit to your house.

During the day we will be continuously updating Santa's location on our Facebook page and website.

Sorry, Santa can only travel to houses within Palmer Township!

If you have any questions, email info@palmerfire.org, call (484) 894-3738, or send a private message through Facebook.



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Suburban EMS offers a subscription and donation program to the residents of the communities we serve. This allows us to offset the cost of funding ambulances, building expenses, medical equipment and training of our volunteers and staff. Suburban EMS provides 911 service to the residents of Palmer Township. ***Our services are not funded by your tax dollars, including the local services tax (also known as the emergency municipal services tax)*** therefore, your support will help guarantee that our life saving team will continue to provide emergency and non-emergency services of the utmost quality at the lowest cost possible to you. The subscription covers January 1, 2019 until December 31, 2019.

The cost of our annual subscription is \$35 for an individual or \$55.00 for a family covering everyone residing in your household.

A benefit from subscribing is that your subscription fee is applied to cover any applicable coinsurance/deductibles up to \$500 per emergency ambulance trip that you would otherwise have to pay if you are not a subscriber. This is not an insurance policy.

We also offer reduced rates for medically necessary non-emergency transportation services for both wheelchair and ambulance that are not covered by insurance.

Please contact our office at (610) 253-3548 with questions or visit us at www.suburbanems.org.

2019 subscriptions will be available December 1, 2018.



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Holiday Building Closings:

Monday November 12 – Veterans Day • Thursday November 22 – Thanksgiving
Friday November 23 – Day after Thanksgiving • Monday December 24 – Christmas Eve
Tuesday December 25 – Christmas Day • Tuesday January 1 – New Years Day

Upcoming Events & Programs at the Center:

Vendor Blender: Saturday November 3rd (Fundraiser held by the Dream...Believe...Dance...Team!!) 11:00am – 3:00pm, \$3 to shop. Be sure to join us as there will be many great vendors; including but not limited to LuLaroe, Jamberry, Tastefully Simple, Thirty-One, Bailey Boo's Tique etc...

Annual Turkey Burn: Please join us and work off that turkey and pie on Sunday November 25th from 10:30am – 12:00pm. Participants will get a mix of various exercises and styles. Cost is \$5 for walk-ins and free to Fit Pass holders.

Silver Fitness Winter Social Event: Wednesday December 12th from 2:00-3:30pm. Join us for our “annual” Cookie Exchange! Bring some samples of your favorite holiday cookies and the recipe to share. We'll provide coffee, tea, hot chocolate, & paper goods. Come and socialize with other members and instructors, relax, and enjoy some refreshments. Bring a friend to class & the event; you'll each receive a week of free classes!

Continued on page 16

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Charles Chrin Community Center News

Continued from page 15

Palmer Holiday Fest/Annual Tree Lighting: Saturday December 15th at the CCCC 6:15pm. Please join us for refreshments, moon bounces, and much more; we will also have a special visit from Santa and some of his friends! ****They'll also be a special performance at 6:30pm from the Palmer Elementary Chorus*Tentative****. This is a free event, come enjoy the holiday spirit with your family and friends! Please "Like" us on Facebook for the full itinerary of events or check out our website.

Holiday Zumba Event: Please join us Saturday December 15th from 10:00 – 11:30am for our Holiday extended Zumba class! Wear your best holiday gear and get ready to shake it to some holiday tunes! Cost is \$5 for Walk-ins and free to Fit Pass holders.

Seniors Cards: Come out, socialize, and play your favorite card game! Currently playing Hand & Foot and Mahjong, willing to teach, call Peggy for more information 610-691-6893. Every Tuesday from 1:00-4:00pm.

Greater Lehigh Valley Chapter of the American Sewing Guild: 2nd Thursday of Each Month until June 10:00am-1:00pm

Ambassador Club: Meets every 3rd Monday of the month at 1:00pm (Not during the month of December)

Camp Palmer 2019

- Pre-registration for RETURNING campers - Friday Feb. 22nd from 3:00-6:00pm & Saturday Feb. 23rd from 10:00am – Noon.
- Registration for NEW CAMPERS - Friday March 22nd from 3:00-6:00pm and Saturday March 23rd from 10:00am – Noon.

Camp Palmer is for ages 6-13 and features: Weekly field trips, daily trips to the Palmer Pool, structured daily "elective" periods, special events/activities and theme weeks, sports, arts & crafts, and MORE!

****A \$50 non-refundable deposit is required to reserve each child's spot per week.***

Camp Palmer Winter Reunion!

Missing the "Camp Atmosphere?"

Join us Thursday, December 27th from 10:00am – Noon, Parent drop off is at 10:00am, Parent pick up at Noon. You may get to see some of your favorite counselors. There is NO COST for our reunion, just bring yourself and your memories and get ready to have some fun! We'll have games, activities, pizza, and snacks! The only requirement is that you must have been a camper at Camp Palmer. An RSVP is mandatory for attendance. Please email us at camppalmer@palmertwp.com beginning December 1st to RSVP or call 610-252-2098 and let us know if you'll be attending, we only need to know if it's a yes.

Amazing Athletes

Our year-round developmental sport and fitness program teaches the basic-fundamentals and mechanics of 9 sports while mastering 7 key areas of motor development. Each class is 35 minutes in length, offers instruction on two different sports (baseball, football, golf, soccer, basketball, lacrosse, tennis, hockey, volleyball) enhances hand-eye coordination, muscle tone, speed & agility, and lots of FUN. *Children will receive a t-shirt.* Ages 2.5 – 6 Friday: 9:30am, 10:10am, & 10:50am; more times available based on demand. This program is at the Charles Chrin Community Center of Palmer Township; Registration can be done online at the following:

1. Go to www.amazingathletes.com/lehighvalley
2. Click on "classes" and select "Charles Chrin Community Center" (You'll be looking for Coach Gary)
3. Click on "REGISTER NOW", and choose which age group they are signing up for
4. Fill out registration information and payment information.

Sessions:

- January 12th – February 23rd
- March 9th – April 27th (No class on 4/20, Good Friday)
- May 5th – June 8th



Jr. Panthers Soccer with Coach Thom

At the Charles Chrin Community Center of Palmer Township

Register starting December 1st!

Winter Indoor Session: January 6th – March 31st

12 Weeks (No class Superbowl Sunday 2/3)

4 & 5 - Sundays 5:00-5:50 p.m.

6 & 7 - Sundays 6:00-6:50 p.m.

Cost for Indoor Session:

Residents \$100 & Non-Residents \$110

- ★ Let your child be active, make friends, and learn a team sport while participating in our instructional league for soccer players throughout the Lehigh Valley
- ★ Focus on the basics of playing soccer, coordination, running, skills and drills, passing and scoring goals!
- ★ All practices and games will take place at the Charles Chrin Community Center of Palmer Township
- ★ Please have children wear shin guards & sneakers.
- ★ Volunteer coaches are welcome and encouraged!

Bright Beginnings Preschool

Monday - Wednesday – Friday 9:00am - Noon

Register starting December 1st!

- **Winter 2019:** January 7th – April 17th (13 ½ weeks) Resident \$420 Non-Resident \$450
- **Spring 2019:** April 29th – May 24th (4 weeks) Resident \$145 Non-Resident \$175

**10% discount if you sign up for an additional session (will be taken off the upcoming session)*

There is also a 20% sibling discount)


Can be paid in 2 installments; Winter by January 7th & March 1st.

Spring by April 29th (one payment since it's a short session)

(Schedule will run the same as EASD, you will get a calendar from the teacher)

Children ages 4 & 5 (Must be potty trained)

Your child will have the opportunity to learn new skills in a theme-based classroom setting. Each day we move through a combination of individual, small group, and whole group activities. Everything your child experiences in the preschool classroom targets multiple skills at a time. Below are just a few of the many developing skills that are encouraged, enhanced, and promoted here at Bright Beginnings.

<p>Table Time: Hands-on manipulative toys and games that promote cognition and problem-solving skills (puzzles, lacing beads, playdough, links, peg boards, blocks, etc...)</p>	<p>Music & Movement: Following directions, singing, pretend play, body awareness, exercise and well-being, and lots of fun!</p>
<p>Morning Meeting Time: Identifying child's name in print, making observations about weather, counting numbers on the calendar, sharing ideas, and discussing and preparing for the day's events.</p>	<p>Activity Centers: During this time children will be encouraged to make independent choices, play with others, follow directions, clean up and be responsible for themselves.</p>
<p>Activity Table: Controlling small muscles in our hands using a wide variety of materials including paint, crayons, markers, glue, and scissors to create our theme-based projects to bring home and proudly show off!</p>	<p>Story Time: Pre-literacy and literacy skills, using pictures to observe and predict, asking and answering questions on topic, conversation skills, and comprehension.</p>
<p>Snack Time: Self-help skills and social language skills are strengthened as we enjoy snack as a group each day. <i>*Child brings their own snack</i></p>	<p>Outdoor Play/Gym Time: Gross motor skills, body awareness, strength, balance, and interactive play.</p>
<p>Learning Games: Counting, number recognition, color recognition, position concepts, opposites, sequencing, patterns, classifying, sorting, and cause-and-effect.</p>	

Children's Programs

at the Charles Chrin Community Center of Palmer Township:

Tumble Time

For children ages up to 4 with a parent/guardian. Bring children to play in a safe open play environment. They'll get to use our tumble equipment, the air trak every other week, accompanied by fun music! Each day we'll end with bubbles and a stamp. *This is a walk-in program. Come early as we only accept 30 children at a time. (Children under 1 are free)*

- Wednesdays: 9:30-10:15am and 10:15-11:00am \$5 walk-in per class
- Thursdays: 9:30-10:15am and 10:15-11:00am \$5 walk-in per class

Tumble Time will run until December 20th (We'll take a short holiday break and return after the New Year, January 9th!)



Special event
tumble dates
to remember:

Thursday,
December 20th
Holiday Tumble
Time

Kindermusik - Sing N Move

A music class where you and your baby will get to sing, move, and play! They'll not only explore themselves but their surroundings and social skills. It's a learning and bonding experience for you both.

- Tuesdays: 10:00-10:45am Ages 0-2 \$75/session
- Tuesdays: 11:00-11:45am Ages 2-3.5 \$75/session

Sessions for 2019:

- January 8th, 15th, 22nd, & 29th (Register starting December 1st)
- February 12th, 19th, 26th, & March 5th (Register starting January 2nd)
- March 19th, 26th, April 2nd, & 9th (Register starting February 1st)
- April 23rd, 30th, May 7th & 14th (Register starting March 1st)

This class runs in 4-week sessions at a time with a break week between each, if you miss the start of one you will have to wait for the next. We want to make sure you and your child get the most out of the experience!

You can register at the community center for this program! Sign up early as we only accept 10 children/class.



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The Charles Chrin Community Center Fitness Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Zumba 10:45-11:35am Varies	Zumba Toning 9:30-10:20am Jeanie	Yoga 9:30-10:20am Jessica	Zumba 9:30-10:20am Jeanie	Yoga 9:30-10:20am Kriste	Zumba 9:30-10:20am August	Zumba 10:00-10:50am Varies
		Zumba/Tabata 10:45-11:35am August		Bootcamp 10:45-11:35am August		
<i>Silver Fitness Classes!</i> See full  schedule for more details.	Zumba Gold 1:00-1:45pm Rebecca <i>Silver Class</i>	Pilates Tone 1:00-1:45pm Tela <i>Silver Class</i>	Zumba Gold Toning 1:00-1:45pm Rebecca <i>Silver Class</i>	Core Stretch 1:00-1:45pm August <i>Silver Class</i>	Pilates Stretch 1:00-1:45pm Tela <i>Silver Class</i>	
	POUND 6:15-7:00pm Lisa	STRONG by Zumba 5:00-6:00pm Lisa	Turbo Kick 5:45-6:15pm Alyssa	Core Bootcamp 5:15-6:05pm August	Pilates 6:00-6:50pm Leilani	
	Zumba 7:00-7:50pm Lisa	Pilates 6:00-6:50pm Tela	Zumba 6:15-7:05pm Alan	Zumba Toning 6:15-7:05pm Lisa		
	Yoga 7:15-8:05pm Scheifa	Zumba 7:00-7:50pm Tela		Yoga 7:15-8:05pm Scheifa		

- ❖ **FIT PASS: \$40.00/month**
 - Fit Pass includes unlimited classes & use of the fitness center
- ❖ **FIT CARD: 10 Classes/\$50.00**
 - Fit Card does not expire
- ❖ **SILVER PASS: \$20/month**
 - Silver Pass includes unlimited silver classes & use of the fitness center
- ❖ **WALK-INS: \$5.00/class**
- ❖ **SILVER WALK-INS: \$3.00/class**

- **NO REGISTRATION FEES**
- **NO YEARLY CONTRACT**
- **MONTH-TO-MONTH PAYMENT**

We also accept Silver Sneakers, Silver & Fit, Healthways with qualifying insurance. Stop at the desk and we can check to see if you are eligible.

*Watch for upcoming special events throughout the year!

"Like" us on Facebook to stay connected with our up to date information including cancellations and class changes!



4100 Green Pond Rd. Palmer, PA 18045 610-252-2098

www.palmercommunitycenter.org



Silver Fitness Schedule



Charles Chrin Community Center of Palmer Township 4100 Green Pond Rd. Palmer, Pa 18045

Monday	1:00pm-1:45pm	Zumba Gold Rebecca
Tuesday	1:00pm-1:45pm	Pilates Stretch Tela
Wednesday	1:00pm-1:45pm	Zumba Gold Toning Rebecca
Thursday	1:00pm-1:45pm	Core Stretch August
Friday	1:00pm-1:45pm	Pilates Tone Tela

Our Silver Pass is \$20/month, and includes access to all Silver Fitness Classes only and access to the Fitness Center.

Drop-in Fee is \$3/class

***Check eligibility through your insurance for Silver & Fit, Silver Sneakers, or Healthways!**

We'll also have quarterly social events, more information to follow!

You can find more information at www.palmercommunitycenter.org or call 610-252-2098

Brief Class Descriptions:

Zumba Gold – Latin-inspired, dance fitness program designed for the active older adult, beginner participant, pregnant women, those who need modifications, arthritis sufferers, and those recovering from injury. This is a fun, feel-good, party-like class.

Zumba Gold Toning – “Muscle Toning for the Young at Heart”, combines the cardio element of Zumba Gold with strength training techniques.

Core Stretch – A full body stretch using movements that flow smoothly to increase flexibility, decrease muscle tension, develop core strength, and improve muscular balance.

Pilates – This is a great way to increase strength, flexibility, balance & coordination. Pilates is regarded as an ideal exercise regimen for people in or over their 50's due to low-impact exercise. Benefits are improved posture, stamina, and strength.



Join us for your child's birthday party. We provide two trained party coordinators who are ready to get kids moving and excited. We take care of set up and clean up to ensure a stress-free event. We provide pizza, juice, all paper products. *Birthday Cake is not provided.

Children will have the opportunity to play on different gymnastics equipment; including bars, beam, trampoline and the air trak, along with games and the parachute! Or if you have a child that is into sports, we can also incorporate it into your child's special day! After one hour of play time the party coordinators will escort the children to the food area, they will serve the children pizza and juice. Don't worry about clean up the coordinators take care of that also. In addition to bagging all the birthday gifts to take home!

Please contact Brenda at 610-252-2098 for more information.

Party Hours

*All dates & times vary based upon availability.
Monday-Friday times are flexible.*

Pricing

Basic (up to 20 children)	\$250/Resident \$275/Non Resident
Each additional child	\$5
Additional Pizza	\$10 each
Weekday birthday party	\$220

(Monday-Friday — Daytime parties based upon availability)

Dance Class Schedule 2018-2019

Fall Session: (12 weeks)

September 10th – December 15th

No class October 8-13th.

No class November 12th-Make up November 19th.

No Class November 21st-24th.

Winter Session: (8 weeks)

January 7th – March 2nd 2019

Spring Session: (9 weeks)

March 11th – May 18th 2019

No Class April 15th-20th

(Only returning dancers can sign up for our Spring session due to recital.)

Register in person at the Charles Chrin Community Center of Palmer Township.

Date of no classes/break weeks:

October 10th, 11th, 13th, & 15th
November 20th, 22nd, 23rd, & 25th

January 22nd, 24th, 25th, & 27th

March 4th, 6th, 7th, & 9th

April 15th, 17th, 18th, & 20th

Dream...Believe...Dance of Palmer Township would like to welcome you! With over 30 years of teaching experience, we take pride in our program and our dancers. A variety of dance and tumble classes are available for ages 3 and up. Whether you are interested in recreational dance or competition dance, we have something for you.

At Dream...Believe...Dance!!! our classes are about 3 things...

- Making learning fun.
- Building Self Esteem
- Instilling a respect and appreciation for the Art of Dance.



REQUIRED ATTIRE FOR CLASSES:

- **Ballet** - Pink leather or canvas ballet slippers
- **Tap** - beginners black Mary Jane style tap shoes
- **Intermediate** - black oxford style taps
- **Jazz** - Tan slip on jazz shoes
- **Gymnastics** - Barefoot, ballet slippers or gymnastic shoes.

TUITION RATES

Minutes/Week	Rate
30 Minutes	\$14.00
50 Minutes	\$16.00
60 Minutes	\$17.00
80 Minutes	\$22.00
90 Minutes	\$25.00

Tuition is calculated by taking the weekly rate and multiplying it by the number of weeks per session. Example \$17.00 x 12 weeks = \$204.00.

Payment plans are available. We divide tuition evenly over the number of months per session:

- Fall - 4 payments
- Winter - 2 payments
- Spring - 3 payments

Payments are due the first week of each month. We accept cash, check, credit cards. 2% fee on credit card transactions.

DANCE CLASS OPTIONS

Mondays:

- **Tiny Competition** 5:00-5:30pm **Instructor Approval Required*
- **Twinkle Toes** 5:30-6:20pm– Level 2 Combination/1-year experience. Ages 5-7, your little ballerina will continue to learn steps of ballet, tap, and gymnastics.
- **Teen Jazz/Lyrical** 6:30-7:20pm Ages 12 & up. Students will learn ballet technique to apply to lyrical progressions across the floor and combinations. On alternate weeks, they will work on jazz warm-ups, turns, leaps, progressions, and combinations.

Wednesdays:

- **Mini Jazz & Tumble** 5:30-6:20pm Level 1/Beginner, Ages 3-5
**Recommended for 6-year old with no experience.*
- **Adult Ballet** 6:30-7:20pm
- **Adult Tap** 7:30-8:20pm



Thursdays:

- **Mini Competition & Choreography** 5:30-7:00pm Ages 5-7
- **Junior Competition & Choreography** 7:00-8:30pm Ages 5-7

Saturdays:

- **First Steps** 9:30-10:20am Level 1/Beginner, Ages 3-5, we will incorporate ballet, tap, and some gymnastics in this class. **Recommended for 6-year old with no experience.*
- **Intermediate Lyrical Ballet/Tap** 10:30-11:00am Ages 7-11 **Experience required.* Students will continue ballet technique, alone with basic lyrical combinations. On alternate weeks students will learn level 2 & 3 tap technique combinations.
- **Gymnastics** 11:10-12:10pm Ages 7 & up, students will work at their own gymnastics level with the guidance of our instructors.
- **Intermediate Jazz** 12:15-12:45pm Ages 7-11 **Experience required,* jazz dance is a fun and energetic style teaching flexible techniques and choreography. This class includes a warm-up and then we work on turns, leaps, jumps and runs.

Dance Recital May 2019. Please talk with instructors for more details! If participating in recital, participants will receive 20% off the Spring session.

For more information you can visit www.dreambelievedance.com

For dance specific questions you can email: missjustine@dreambelievedance.com OR dansyr2514@gmail.com

For registrations please go to The Charles Chrin Community Center of Palmer Township, 4100 Green Pond Rd., Palmer, PA 18045
610-252-2098 • www.palmercommunitycenter.org

For cancellations/closures you can visit our Facebook, the Community Center Facebook, and WFMZ.

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MARGARITA MONDAYS



TACO TUESDAYS



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