

## PALMER COMMUNITY WEEKEND CANCELED

Due to the restrictions placed on large gatherings or public events by the Pennsylvania Governor's office and the Pennsylvania Department of Health, the 2020 edition of Palmer Community Weekend (Palmer Days) is canceled.

Mark your calendars for next year's events: Movie Night - Wednesday, August 18, 2021, followed by Palmer Days on August 19, 20, 21, 22, 2021.

Please stay safe and healthy!

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www.palmertwp.com



### WE MAKE FRIENDS BY ACCIDENT.

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### TOWNSHIP DIRECTORY BOARD OF SUPERVISORS:

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#### **Palmer Township**

Palmer Municipal Building 3 Weller Place, Palmer, PA 18045 T (610) 253-7191 F (610) 253-9957 www.palmertwp.com

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For information about advertising in Today's Palmer, please call Denise Morano at 610-346-6126 or email DeniseOfHTP@yahoo.com



### A Message From Suburban EMS . . .



Suburban Emergency Medical Services would like to announce the new dates for the 2020 Suburban EMS Golf Tournament! We will be hosting our 14th Annual Golf Tournament on September 11, 2020, which will be in compliance with all health guidelines available and in effect at that time.

Each year, the Suburban EMS Golf Tournament helps us to raise money for critical equipment upgrades to our stations and vehicles. Now more than ever, we rely on this equipment to keep ourselves and our communities safe and healthy.

We are actively seeking sponsors for the tournament. Sponsorship packages range from \$125.00 to \$3,000.00 and include many perks. For more information on sponsorship opportunities, please visit www.suburbanems.org

We invite new and returning attendees to register by calling our administrative offices at 610-923-7500 Monday through Friday, 8:00am - 4:00pm.

The Tournament will be held at Southmoore Golf Course in Bath, PA. Registration will begin at 11:30am followed by lunch and a 1:00pm shotgun start.

For more information or to register, please visit www.suburbanems.org or call us at 610-923-7500.

As always, we thank you for your support!

P.O. BOX 3339 | PALMER, PA | PHONE: (610) 923-7500

"WE CARE, EVERY HOUR, EVERY DAY"

#### **Miracle League of Northampton County**



The Miracle League of Northampton County, which provides those with intellectual and physical disabilities to play baseball, was impacted as had all school activities and spring sports due to COVID-19, we had to cancel our spring season.

During the time that all of our Miracle League Families have

been home, one of our Directors who also is the Manager of Northampton County Special Olympics, Amanda Sechrist, set-up various zoom meeting to assist in keeping our athletes active with theme-based programs such as cooking classes, eating healthy discussions, talent shows, favorite team days, hat days, and uniform days just to name a few. Those opportunities were appreciated by our families and our athletes.

As we approach the fall season, we hope to be able to implement a full schedule that would run from August into September. Of course, all is subject to change. If we do have a fall season, every precaution will be taken into consideration to have our athletes remain safe. Also, we certainly do not want to risk the safety of our volunteers, concession help, and other



participants who play a significant role at our facility located at the Charles Chrin Community Center. We will keep our Miracle League families up to speed by sending out messages to their homes through our "One Call" phone and email contact system as well as posting updates on our Miracle League website at www.miracleleagueofnc.org, and our Facebook page.

#### **ATTENTION HISTORY BUFFS:**

The **Palmer Historical Society** invites your membership and attendance at their informative and educational meetings featuring local and area subjects of interest.

Meetings are held in the Palmer Library 10:00am to Noon February – May and September – November. Membership is \$5.00 per year and includes an invitation to all events.

Interested? Contact Ed Dean at 610-253-2281





#### **EASTON AREA PUBLIC LIBRARY - PALMER BRANCH**

1 Weller Place, Palmer, PA 18045 • 610-258-7492

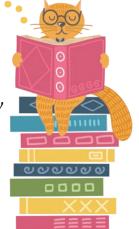
Palmer Branch Hours: Monday 9 a.m. - 5 p.m. • Tuesday thru Thursday 9 a.m. - 7 p.m. • Friday & Saturday 9 a.m.-5 p.m.

### What a long, strange trip this has been!

The library's annual Summer Reading Program went virtual for the first time! Thank you to all the participants who joined us in this unique adventure and congratulations to this summer's prize winners! We're also so proud of the many young readers who continued their reading journey with this summer's theme, Imagine Your Story. It may not have been the summer we planned for, but we made the very best of it!

#### TRIVIA!

Can you guess how many digital items the library circulated during the shutdown?



### Days We're Looking Forward To:

**September 6th** – Read a Book Day

September 25th - National Comic Book Day

**November 1st** – National Author's Day

**November 7th** – Book Lovers Day

November 10th – Young Readers Day

### Looking for information about library programs?

Please call the library, check our website (eastonpl.org), and follow us on Facebook (@EAPLOfficial) and Instagram (@EAPLibrary) for the most current updates on in-person or virtual activities for children, teens, and adults.



#### A NOTE FROM STEPHANIE SUPINSKI:

I would like to take this opportunity to thank the patrons of the Palmer Branch of the EAPL. Managing the branch has been a rewarding career and one that I will greatly miss. From the little toddlers who have grown into adulthood as well as the older patrons who shared with me their wisdom throughout the years. What treasures I will take with me. It is not often that a person can say they loved their job, but I can honestly say, I loved my job!

Miss Katie Cardell will take over the position of Branch Manager. She brings excitement, fresh ideas, and a love for the library with her. I know the branch will flourish under Katie's leadership.

As Winnie the Pooh quoted, "How lucky I am to have something that makes saying goodbye so hard."

Miss Stephanie



# PALMER ATHLETICS 2020 Anthony J. Minotti Awards



**Anthony Panuccio** 



**Mackenzie Hutchison** 



Ava Romfo



Karissa Kresch



**Alexis DiSora** 



**Zachary Kutz** 



Lucca Scomillio



**Michael Phillips** 



**Andrew McTighe** 



**Quinn Langen** 



**Riley McDonald** 



**Brett Scalzo** 



Olivia Watson

The Palmer Athletic Association presented scholarships to thirteen area students recently in the name of Anthony J. Minotti, a former prinicpal and supporter of childrens' causes in the township. Since 1975 the PTAA has pesented 380 scholarships which have totaled \$159,800. Congratulations Class of 2020!



Northampton County and municipal hosted Electronics Recycling, Paper Shredding, and Household Hazardous Waste Collection events are subject to change, delays, and cancellation.

Check our website often for up-to-date information on these dates and locations as they are announced at www.palmertwp.com

#### ESC TO LAUNCH ENVIRONMENTAL WEBINAR SERIES

Beginning this fall, Palmer's Environmental Steering Committee will launch a series of environmental webinars covering fun topics (backyard composting, gardening to attract pollinators) to more serious issues (encroaching pipelines, healthy streams



and their ecosystems) impacting Palmer Township residents. Do you have a topic that you are interested in? What do YOU want to know? Our first webinar in September is entitled "Let's Have a Conversation" and will focus on hearing from our residents about whatever they'd like to learn more with respect to all things environmental. Join us on Wednesday, September 9th, at 6:30pm. If you can't make it, send your ideas, thoughts and requests to the committee via coatis@palmertwp. com. All are welcome to join us anytime at our monthly meetings on the 4th Wednesday of each month. These meetings are currently being conducted via Zoom, and meeting information will be posted on the Palmer website a week in advance.

#### PALMER'S RECYCLING CENTER

#### **3600 Hartley Avenue**

This center provides a free and easy option for our residents and small businesses to drop off all their recyclables and comply with PA DEP ACT 101. Be sure to sign in with the attendant and your business won't need to keep track of recycling weights for yearly reporting – we'll do it for you!

The center currently accepts plastics #1,2,3,4,5,6, and 7 (no Styrofoam); glass bottles and jars; aluminum, bi-metal, and tin cans; newspapers, office paper, magazines, junk mail, phone books; and cardboard. Additional containers re available for scrap metal and small amounts of yard waste

are available for scrap metal and small amounts of yard waste (maximum of 3 bundles allowed per visit).

#### **HOURS OF OPERATION**

Monday, Wednesday, and Friday – 8 to 4pm Saturday – 10am to 3pm Sunday – 12pm to 4pm

#### **BUSINESS RECYCLING IN PALMER**

#### What's Important to Know

The Municipal Waste Planning, Recycling and Waste Reduction Act of 1988 (Act 101) requires commercial, institutional, and municipal establishments located in Pennsylvania's mandated municipalities to recycle office paper, corrugated paper and cardboard, newsprint, plastics, steel, aluminum, and bimetallic cans, glass, and leaf waste.

**Recycling Reporting Must be Provided Annually** 

The State also requires that all commercial, institutional and municipal entities must provide written documentation as to the type and weight of materials recycled annually. Reports are due to Palmer Township by January 30th of each year on a form provided by the Township.

Contact Cindy Oatis, Palmer Township's recycling coordinator at coatis@palmertwp.com or 610-253-7191, Ext. 1160 to obtain more information, to help assist in creating a new program or to enhance an existing one.

#### **UPCOMING CURBSIDE COLLECTIONS**

Place items curbside on your regularly scheduled day. They will be collected that day or within that week by a separate truck other than your regular collection vehicles.

**Bulk Item Collection:** Weeks of September 14, and November 30, 2020

Metal Items and Appliances Collection: Week of September 28, 2020 Yard Waste Collection: Week of November 9

Restrictions Apply. Visit www.palmertwp.com for more information.



**Leaf Collection** – Leaves are collected curbside by Palmer Public Works with a vacuum truck for eight (8) weeks during the fall. Rake or blow your leaves to the street and close to the curb. No bags. This collection is weather dependent.

#### **Earth Stewards of Palmer Township**

As a continuum of the Keep Palmer Beautiful - Pride in Palmer project, over the last several years a variety of volunteer citizens have been periodically clearing litter from our roads and trails. Especially during these COVID-19 times, we ask each citizen to join the volunteers in a 'crusade' to rid our Township roads, trails, lawns, parking lots of litter!

Most roadside and trailside litter consists of fast food wrappers, plastic water/sports drinks and alcohol beverages as well as nitrile gloves and face masks. Our community's health is impacted by litter. As litter festers curbside it becomes a source of disease, fly infestation and maggots.

Most of the litter is collected along our major thoroughfares such as Route 248, Hackett's Avenue, 25th Street (Freemansburg Avenue south to the Glendon bridge), Tatamy Road and Greenwood Avenue.



During the past two years the amount of collected litter is nearing two tons. This discarded roadside litter collects over storm water drains, preventing proper drainage as well as forcing litter into our streams and rivers and ultimately our food supply. As you drive past our remaining farmland you will note paper and plastics in the fields. As these materials ultimately breakdown their molecules are absorbed into the crop.

Please keep a collection bin in your car for disposal of any items to be discarded upon arriving home, or in the available trash bins when stopping to fuel your vehicle. In this way you will be setting an example for your children to follow into their adulthood years.

It is incumbent upon each of us to act responsibly and set a proper example for our future generations who will inherit the planet as is! Township residents and business owners are encouraged to join the fight against litter in our community. We need you to be an active participant helping to Keep Palmer Beautiful!



St. Luke's is working tirelessly to ensure our hospitals and facilities are as safe as ever:

- · We are all masking for you
- We screen all patients for COVID-19 symptoms prior to appointment and convert suspected positive screens to virtual appointments
- We limit the number of people in our waiting rooms and maintain social distancing
- · We limit guests to 1 per person and mask all guests
- We keep patients with COVID-19 in separate patient rooms
- · We make sure our staff is healthy and fever-free
- We provide virtual registration and check-in as well as online payments
- We offer a blend of appointments (in-person and virtual)
- We maintain high levels of infection prevention, repeatedly cleaning and disinfecting all waiting and exam rooms

The care you trust. Now more than ever.



# WHEN YOUR PET GOES ON THE LAWN, REMEMBER IT DOESN'T JUST GO ON THE LAWN.



When our pets leave those little surprises, rain washes all that pet waste and bacteria into our storm drains. And then pollutes our waterways. So what to do? Simple. Dispose of it properly (preferably in the toilet). Then that little surprise gets treated like it should.

If you have questions regarding storm water, please contact your municipality or Pennsylvania Department of Environmental Protection's Regional Office.

For general questions, you may also contact DEP's Bureau of Water Management at (717) 772-5661 or visit www.dep.state.pa.us.

Thanks to the Washington State Water Quality Consortium for permission to adapt and use this poster.

### Introducing the Palmer Township Police Department's two newest police officers.

On May 4, 2020, the Palmer Township Board of Supervisors swore in one full-time and one part-time Officer.

Both Officers were sworn into office by Dave Colver, Chairman of the Palmer Township Board of Supervisors, during a Board of Supervisor's meeting via Zoom.

We welcome our newest officers:

- 1. Dinu "Dino" Dermargosian was hired as a full-time Officer
- 2. Maurice Burton was hired as a part-time Officer

Each are currently assigned to certified Field Training Officers in our rigorous Field Training Program, learning the Palmer Township way of being a Police Officer.

Welcome Palmer's newest and finest!





### **GLOBAL HEALTH ALERT:** Protect Yourself and Others









www.cdc.gov/COVID19



#### Morgan Stanley

#### Michael R Glovas CFP®

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michael.r.glovas@morganstanley.com

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Retirement Planning College Savings Plans Financial Planning



### **It's your community,** take part in keeping it safe!

The goal of the CRIMEWATCH Network is to increase the ability for individuals to have a voice in thier safety and to provide a bridge for better community collaboration with the police."



Mobile

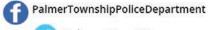
### Connect with us:

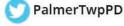
PalmerPD.org



#### **Palmer Township**

Police Department





CRIMEWATCH\*







INAL ACTIVITY SUBMIT T

\*CRIMEWATCH does not replace 911, CRIMEWATCH is not designed for the community to report active crimes or incidents.



4100 Green Pond Road, Palmer, PA 18045 • 610-252-2098 • www.palmercommunitycenter.org

Holiday Building Closings: Monday, September 7th – Labor Day, Wednesday, November 11th – Veteran's Day

#### **Upcoming Events & Programs:**

- Seniors Cards: Pinochle Players Needed: Tuesday Afternoons 12:30pm 4:00pm. Join them as they play 3, 4, 5 or even 6 handed pinochle! Don't worry if it's been awhile, or if you only ever played one way. They will teach you. Come share the fun and laughter. It's a great way to spend an afternoon. Any questions, call Marj at 610-252-7964 or email to paulm1@rcn.com
- Greater Lehigh Valley Chapter of the American Sewing Guild: 2nd Thursday of Each Month beginning in September and meets until June 10:00am-1:00pm
- **Ambassador Club:** Meets every 3rd Monday of the month at 1:00pm (*No meetings in July, August, or December*)
- The Clothing Tree, Children's Consignment Sale: September 2nd – 5th. For more information please visit www.theclothingtree.com
- **Knife Show:** Saturday September 26th, 9:00am 5:00pm & Sunday September 27th, 9:00am 3:00pm. For more information, go to www.paknifeshow.com. You can buy, sell, and display knives.



### Charles Chrin Community Center of Palmer Township

Before & After School Program 2020-2021 School Year



#### SITE LOCATION AND INFORMATION:

The Charles Chrin Community Center of Palmer Township at 4100 Green Pond Road. Palmer, PA. 18045, phone: 610-252-2098

#### **HOURS OF OPERATION:**

- Childcare hours are Monday through Friday.
- Before Care hours 7:00am to bus pick up time
- After Care hours bus drop off time to 6:00pm
- This includes early dismissal days and 2-hour delay days.

There will be no care offered when school is closed due to inclement weather. In the case of a 2 hour delay that is changed to a cancellation, all Before Care program children will need to be picked up by a parent or guardian before 11:00am. Please plan accordingly.

#### **PROGRAM CONTENT:**

Our program includes:

- Snack time (snack brought from home)
- CPR & First Aid Certified Staff
- Daily homework time
- Multiple safe play areas

#### **SIGN-IN/OUT:**

Parents/guardians will be required to sign your child's name to note he/ she has been dropped off/picked up. **PHOTO ID IS REQUIRED** during pick up. CCCC policy only allows individuals on the pick up list to remove a child from Aftercare, unless a note has been provided by the parent or guardian.

#### **TRANSPORTATION:**

A school bus will transport children to Easton Area Middle School, Palmer Elementary School, or the Easton Arts Academy from CCCC daily. All participants must complete an alternative transportation form and return it to the school, NOT CCCC.

#### **FEES AND PAYMENTS:**

A \$100.00 membership fee for the year is required to guarantee your child's spot for the Before & After School program. The program application and fee are mandatory and must be completed and received by the CCCC before your child is accepted into the program. Payment will be due on a biweekly basis.

Before school daily rate: ....\$12.00 After school daily rate:..... \$12.00

There is an additional charge of \$10.00 per every 15 minutes for late pick ups, this will be reflected in your bill. Repeated late pick ups may result in loss of childcare services.

\*\*\*Before Care and After Care program subject to change due to Covid-19 restrictions\*\*\*

#### **Upcoming Events & Programs:** (continued)

 A Path Less Taken: The Art of Labyrinth Walking Saturday, October 3, 2020, 10:00 am to noon Pierce Memorial Garden at the Charles Chrin Community Center of Palmer Township, 4100 Green Pond Rd, Palmer, PA 18045

Did you know that there is a labyrinth in Palmer Township? It is located at the Pierce Gardens at the Charles Chrin Community Center of Palmer Township. A labyrinth is a spiritual tool for meditation or prayer with a single path winding into the center and out again. Whether used for meditation, prayer, or quiet moments, the circular nature of the labyrinth reminds us that life is a constant journey, rather than a destination. Please join us to discover the history of labyrinths and how to use this ancient tool in modern times. Led by Marianne Michaels, www.mariannemichaels.com.

This event is free, but registration is encouraged. Hosted by Carriage House Landscape Design. Please call (484) 483-3495, email info@carriagehousedesign.net, or register on Facebook.

- Railroad Show: Sunday October 4th
- Cat Show: Saturday, October 24th and Sunday, October 25th
- Fall Silver Social Monday, October 26th
- **Halloween Glow Zumba** Wednesday, October 28th, 6:00pm 7:30pm

### Birthday Parties:

Join us for your child's birthday party. We provide two trained party coordinators who are ready to get kids moving and excited. We take care of set up and clean up to ensure a stress-free event. We provide pizza, juice, and all paper products. \*Birthday Cake is not provided.

Children will have the opportunity to play on different gymnastics equipment including: bars, beam, trampoline and the air trak, along with games and the parachute! If you have a child that is interested in sports, we can also incorporate a sport's theme into your child's special day! After one hour of play time the party coordinators will escort the children to the food area, where they will serve pizza and juice. Don't worry about clean up! The coordinators take care of clean up, as well as bagging all the birthday gifts to take home. Please contact Brenda at 610-252-2098 for more information.



\*All dates & times vary based upon availability.

#### **PRICING**

Basic-up to 20 Children \$250.00 for Residents \$275.00 for Non-Resident Each additional child: \$5.00 Additional Pizza: \$13.00 each Weekday birthday party: \$220.00

(Monday-Friday—Daytime parties based upon availability)



3808 Easton-Nazareth Highway Easton, PA 18045 | 610.881.8085 | SparkleCarWash.com | Open Daily 7am-8pm | Expires 10/1/20

### **Children's Programs**

\*\*\*All Children's programs subject to change due to Covid-19 restrictions\*\*\*

#### **Tumble Time**

For children up to age 4 with a parent/guardian. Bring children to play in a safe, open play environment. They'll get to use our tumble equipment, the air trak (every other week), and be accompanied by fun music! Each day we'll end with bubbles and a stamp. This is a walk-in program. Come early as we only accept 30 children at a time.

#### Wednesdays:

9:30-10:15am and 10:15-11:00am, \$5 walk-in per class

#### Thursdays:

9:30-10:15am and 10:15-11:00am, \$5 walk-in per class

Tumble Time will start Wednesday, September 23rd



### SPECIAL EVENT TUMBLE DATE TO REMEMBER:

Halloween Tumble Time: Wednesday October 29th

#### **Sing N Move**

A music class where you and your baby will get to sing, move, and play! They'll not only explore themselves, but their surroundings and social skills as well. It is a learning and bonding experience for you both.

This class runs in 4-week sessions with a break week between each. If you miss the start of one 4-week session, you will have to wait for the next. We want to make sure you and your child get the most out of the experience! You can register at the community center for this program. Sign up early! We only accept 10 children per class.



#### Fall 2020

Kindermusik Classes with Sing N Move

at The Charles Chrin Community Center of Palmer Township

Schedule subject to change due to Covid-19 restrictions

#### **Fall 2020 Sessions**

**Session 1:** September 15, 22, 29, and October 6

Session 2: October 20, 27, November 3, and 10

Cost \$75.00 • per 4 week session

Ages 0 – 2 at 10 – 10:45AM Ages 2 – 3.5 at 11 – 11:45AM

Please register in person at The Charles Chrin Community Center of Palmer Township.

For registration questions please call 610-252-2098

For more information please e-mail singnmovel@gmail.com or visit the website www.singnmove.com





### Join our Walking Club!!!

12:30-1PM Every Monday – Friday (weather permitting)

\$10/Month



This program will run this Fall during the months of September and October.

We will take advantage of the walking path surrounding the Community Center and the beautiful Fall weather and walk as a group, incorporating a few strength training exercises along the way. This is a wonderful opportunity to socialize and get in those daily steps!!!

Our year-round developmental sport and fitness program teaches the basic-fundamentals and mechanics of 9 sports while mastering 7 key areas of motor development. Each class is 35 minutes in length, offers instruction on different sports (baseball, football, golf, soccer, basketball, lacrosse, tennis, hockey, volleyball. The program enhances hand-eye coordination, muscle tone, speed & agility, and is lots of FUN. Children will receive a t-shirt. Ages 2.5 – 6 Friday: 9:30am, 10:10am, & 10:50am; more times available based on demand. This program is at the Charles Chrin Community Center of Palmer Township. Registration can be done online at the following:



- **1.** Go to www.amazingathletes.com/lehighvalley
- 2. Click on "classes" and select "Charles Chrin Community Center" (You'll be looking for Coach Gary)
- 3. Click on "REGISTER NOW", and choose which age group they are signing up for
- **4.** Fill out registration information and payment information.

#### **AMAZING ATHLETES 10 WEEK FRIDAY MORNING FALL SESSION**

September 25th through November 27th

<b>Amazing Athletes (10 classes):</b> \$130.00	
Amazing Athletes (10 classes): \$130.00	•
Amazing TOTS (10 classes): \$100.00	18 months to 2.5 years old: 10:25am - 10:45am

#### **AMAZING ATHLETES 10 WEEK TUESDAY MORNING FALL SESSION**

September 22nd through November 24th

<b>Amazing Athletes (10 classes): \$130.00</b>	
Amazing Athletes (10 classes): \$130.00	•
Amazing TOTS (10 classes): \$100.00	18 months to 2.5 years old: 10:25am - 10:45am

#### **AMAZING ATHLETES 10-WEEK TUESDAY AFTERNOON FALL SESSION**

September 22nd through November 24th

Amazing Athletes (10 classes): \$130.00	4-6-year-old: 4:30pm - 5:00pm
Amazing Athletes (10 classes): \$130.00	2.5-3 years 11 months old: 3:55pm - 4:25pm
Amazing TOTS Parent & Me (10 classes): \$100.00	18 months to 2.5 years old: 3:30pm - 3:50pm

#### SUPER SOCCER STARS 10-WEEK WEDNESDAY MORNING FALL SESSION

September 23rd through November 25th

<b>Super Soccer Stars (10 classes):</b> \$130.00	
<b>Super Soccer Stars (10 classes):</b> \$130.00	. 3.5 years old to 4.5 years old: 9: 50am to 10:20am
Super Soccer Stars Parent & Me (10 classes): \$100.0	<b>00</b> . 2 years old to 3.5 years old: 10:25am - 10:45am

#### **SUPER SOCCER STARS 10-WEEK MONDAY AFTERNOON FALL SESSION**

September 21st through November 23rd

Super Soccer Stars (10 classes): \$130.00	4.5-6-year-old: 4:30pm - 5:00pm
<b>Super Soccer Stars (10 classes): \$130.00</b>	rs old to 4.5 years old: 3:55pm - 4:25pm
Super Soccer Stars Parent & Me (10 classes): \$100.002 year	rs old to 3.5 years old: 3:30pm - 3:50pm

For questions, please call (610) 252-2098 or visit www.palmercommunitycenter.org



CHIL	DREN CLA	SS SCHED	<b>ULE FALL</b>	2020
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Super Soccer Stars Parent & Me	Amazing Athletes	Super Soccer Stars	Tumble Time	Amazing Athletes
3:30-3:50PM	9:15-9:45AM	9:15-9:45AM	9:30-10:15AM	9:15-9:45AM
Ages 2-3.5	Ages 4-6	Ages 4.5-6	Ages up to 4	Ages 4-6
\$100 (per 10 week session)	\$130 (per 10 week session)	\$130 (per 10 week session)	\$5 Walk In (per class)	\$130 (per 10 week session)
Super Soccer Stars	Amazing Athletes	Tumble Time	Tumble Time	Amazing Athletes
3:55-4:25PM	9:50-10:20AM	9:30-10:15AM	10:15-11:00AM	9:50-10:20AM
Ages 3.5-4.5	Ages 2.5-3	Ages up to 4	Ages up to 4	Ages 2.5-3
\$130 (per 10 week session)	\$130 (per 10 week session)	\$5 Walk In (per class)	\$5 Walk In (per class)	\$130 (per 10 week session)
Super Soccer Stars	Sing N Move	Super Soccer Stars		Amazing TOTS Parent & Me
4:30-5PM	10:00-10:45AM	9:50-10:20AM	17.00	10:25-10:45AM
Ages 4.5-6	Ages 0-2	Ages 3.5-4.5		Ages 18 months-2.5
\$130 (per 10 week session)	\$75 (per 4 week session)	\$130 (per 10 week session)		\$100 (per 10 week session)
	Amazing TOTS Parent & Me	Tumble Time		
	10:25-10:45AM	10:15-11:00AM		
	Ages 18 months-2.5	Ages up to 4	Amazır	
	\$100 (per 10 week session)	\$5 Walk In (per class)	Amazır	
	Sing N Move	Super Soccer Stars Parent & Me	- Cillie	63
	11:00-11:45AM	10:25-10:45AM		
	Ages 2-3.5	Ages 2-3.5		9
	\$75 (per 4 week session)	\$100 (per 10 week session)		
	Amazing TOTS Parent & Me		70	
	3:30-3:50PM			
	Ages 18 months-2.5		- B	
· · · · · · · · · · · · · · · · · · ·	\$100 (per 10 week session)		Fallow Mate W	indermusik
	Amazing Athletes		rollow Me to	- 1
	3:55-4:25PM			
4377111	Ages 2.5-3			
	\$130 (per 10 week session)			
	Amazing Athletes		SUM	
	4:30-5PM		Supr	
	Ages 4-6	l	SOCO	er <b>S</b> erstars
	\$130 (per 10 week session)	l	5556	

#### FOR ALL CLASSES: SCHEDULE SUBJECT TO CHANGE DUE TO COVID-19 RESTRICTIONS

- \* In the event of inclement weather, please check www.wfmz.com or our Facebook page.
- \* If Easton Area School District is closed or has a delayed opening, we will not run classes.

**Sing N Move** - A music class where you and your baby will get to sing, move, and play! They'll not only explore themselves, but their surroundings and social skills. It's a learning and bonding experience for you both.

This class runs in 4 week sessions. If you miss the start of one session, you will have to wait for the next session to begin. Register and make your payment at the Community Center.

**Fall Session 1:** September 15, 22, 29, and October 6 **Fall Session 2:** October 20, 27, November 3, and 10

**Tumble Time** - For children ages up to 4 with a parent/guardian. Bring children to play in a safe, open play environment. They'll get to us our tumble equipment, toys, and balls. Each class is ended with bubbles and a stamp. Come early, as we only accept 30 children per time slot.

Payment is accepted before the start of each class.

Fall Session will begin on Wed. Sept. 23, 2020

Halloween Tumble Time: Thur. Oct. 29, 2020 9:30AM & 10:15AM

**AMAZING ATHLETES/TOTS** - We use sports as a catalyst to meet the needs of the whole child through non-competitive, sports-based fitness designed to advance each child's individual motor-skills and inspire future participation in physical activity. Your child will get to explore 9 different sports; including basketball, football, soccer, volleyball, tennis, hockey, golf, lacrosse, and baseball. Register at www.amazingathletes.com; be sure to choose the Charles Chrin Community Center of Palmer Township location with Coach Gary!

**Tuesday Sessions:** September 22nd - November 24th **Friday Session:** September 25th - November 27th

**SUPER SOCCER STARS** - This is a soccer focused program that teaches children the game of soccer through fun games and stories! Each week will focus on a different skill, such as balance, coordination, kicking, passing, dribbling, scoring, stopping, changing direction, throw ins, and even some turns at being goalie! Each week will have a different theme, whether it's cars and trucks or flowers in the field, each theme will use those soccer skills to navigate your children through the class! Register at www.amazingathletes.com; be sure to choose the Charles Chrin Community Center of Palmer Township location with Coach Gary!

Monday Session: September 21st - November 23rd Wednesday Session: September 23rd - November 25th



### DREAM...BELIEVE...DANCE

#### OF PALMER TOWNSHIP WOULD LIKE TO WELCOME YOU!

With over 30 Years of teaching experience, we take pride in our program and dancers. A variety of Dance and Tumble classes are available for Ages 3 and Up. We offer both recreational dance and competition classes.

Monday	Tuesday	Wednesday	Thursday	Saturday
-		·		BALLET- TAP- TUMBLE 9:30 - 10:15 AGES 3-5 MISS JUSTINE
PRINCESS PRE BALLET Ages 3-5 5:35 - 6:05 MISS PATTY	5:30 - 6:30 ACRO/TUMBLING AGES 6-TEEN INT/ADV MISS MEGAN MISS JUSTINE	5:30 - 6:15 BALLET AGES 8 AND UP MISS MEGAN	LYRICAL BALLET AND TAP 5:30-6:00 AGES 6-10 - LEVEL 1/2 MISS JUSTINE	JR. COMP TEAM TECHNIQUE AND CHOREOGRAPHY 10:30 – 12:30 MISS JUSTINE
6:10 - 6:40 TINY TUMBLERS AGES 3-5- BEG MISS PATTY	6:35 - 7:05 BEG/INT TAP 8- TEEN MISS MEGAN	6:15 - 7:00 BEG/INT CONTEMPORARY AGES 8- TEEN MISS MEGAN	6:00 - 7:00 JAZZ HOP AND TUMBLE LEVEL 2 6-10 MISS JUSTINE	PRIVATE CLASSES WITH MISS JUSTINE
6:45 - 7:30 ADULT TAP FOR FITNESS MISS PATTY	7:10 - 7:55 JAZZ BEG/INT 8-TEEN MISS MEGAN	7:00 - 7:45 BEG/INT HIP HOP/STREET JAZZ AGES 8-TEEN MISS MEGAN	PRIVATE CLASSES OR NEW COMP CHOREOGRAPHY MISS JUSTINE	



#### Instructor approval required for all classes

#### **FALL SESSION 1**

6 WEEKS • 9/14 – 10/26 NO CLASS WEEK OF 10/12

#### FALL SESSION 2 6 WEEKS • 11/2 – 12/14 NO CLASS WEEK OF 11/23

No class Tuesday 11/3/20. These classes will be made up 11/24/20.

#### **PRIVATE CLASSES AVAILABLE:**

PRIVATE CLASSES AVAILABLE 30 min - \$8.00 plus Instructor fee 45 min - \$10.00 plus Instructor fee Please see Miss Justine for each instructor's fees.

Interested in Competition Dance????
Contact Miss Justine for more info.



#### **TUITION RATES**

#### Cost per 6 week Session

 30 Minutes
 \$84.00

 45 Minutes
 \$96.00

 60 Minutes
 \$108.00

 90 Minutes
 \$150.00

We also offer an all-inclusive rate of \$125 per month per dancer. This entitles dancers to take any or all classes for their age group/level. No additional discounts given. Private classes/workshops/special events excluded. Full payment is due if the month has 3 weeks or more of classes.

-We accept cash, check, credit cards 2% fee on credit card transactions.

#### **REQUIRED ATTIRE FOR CLASSES:**

Ballet: pink leather or canvas ballet slippers
Tap: beginners black Mary Jane style tap shoes
Intermediate: black oxford style taps
Jazz: tan slip on jazz shoes
Gymnastics: barefoot, ballet skippers, or
gymnastic shoes
Lyrical: tan lyrical turners

If you have any questions, please email Miss Justine at MissJustine@dreambelievedance.com Please follow us on Facebook at WWW.FACEBOOK.COM/MISSJUSTINESDANCECLASSES IG @dreambelievedanceofpalmer



Please join us for...

# Halloween Glow Zumba





Wednesday, October 28<sup>th</sup>, 2020 6:00pm - 7:30pm

\$5 Walk-In Free for fit Pass Members

Dress in your best fitness-friendly Halloween gear!

We'll provide each participant with some GLOW to light up the dance floor. Lisa and Alan will be sure to add some SPOOK to their Zumba playlist.

### Learn to play...



#### What is Pickleball???

It is one of the fastest growing sports in the U.S. today!

It was created with one thing in mind... to have FUN!!!

Pickleball is a combination of tennis, badminton, and ping pong. It is easy to learn and play regardless of your age, so give it a try!

Do you want to learn??? Clinics are available...

#### Wednesdays 12-2PM

(includes: 12-1PM Pickleball Instruction & 1-2PM Practice Game Play)

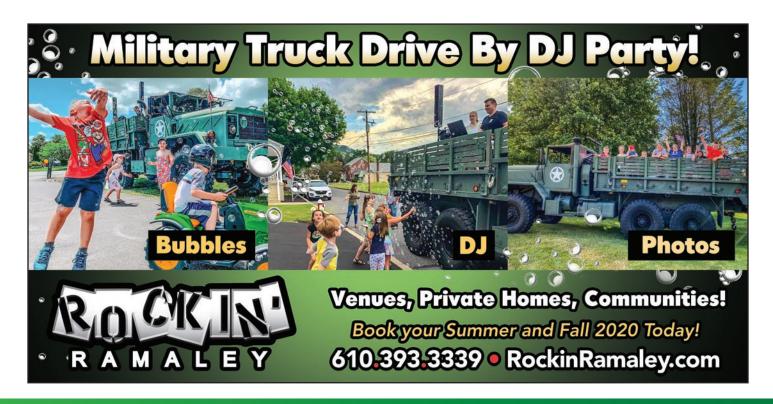
Fall Session 1: Sep. 16th – Oct. 21st Fall Session 2: Nov. 4th – Dec. 9th \$60 (per 6 week session)

Register early, as we will only accept 8 participants.

Register in person at the front desk at the Community Center.

Payments must be made at the Community Center prior to the session start date.





### **The Charles Chrin Community Center Fitness Class Schedule**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Zumba Toning* 9:30-10:20am Varies	Yoga 9:30-10:20am Jess	Zumba* 9:30-10:20am Varies	Yoga 9:30-10:20am Krissy	Zumba 9:30-10:20am August	Zumba 10:00-10:50am Varies
4		Zumba/Tabata 10:30-11:35am August		Bootcamp 10:30-11:35am August		
Silver Fitness Classes! See full schedule for more details.	Zumba Gold 1:00-1:45pm Rebecca Silver Class	Pilates Tone 1:00-1:45pm August Silver Class	Zumba Gold Toning 1:00-1:45pm Rebecca Silver Class	Core Stretch 1:00-1:45pm August Silver Class	Silver Yoga 1:00-1:45pm Becky Silver Class	4
	POUND 6:00-6:45pm Lisa	Zumba 6:00 – 6:50pm Cheryl	Zumba 6:00-6:50pm Lisa	Zumba Toning 6:00-6:50pm Lisa		
	Zumba 7:00-7:50pm Lisa	STRONG30 7:00 – 7:30pm Lisa				9
	Yoga 7:15-8:05pm Amanda			*THESE CLASSES WILL BE HELD BASED ON INSTRUCTOR		3

FIT PASS: \$40.00/month

FP includes unlimited classes & use of the fitness center

FIT CARD: 10 Classes/\$50.00

Fit Card does not expire

SILVER PASS: \$20/month

SP includes unlimited silver classes & use of

the fitness center.

WALK-INS: \$5.00/class

SILVER WALK-INS: \$3.00/class

NO REGISTRATION FEES

NO YEARLY CONTRACT

•MONTH-TO-MONTH PAYMENT

We also accept Silver Sneakers, Silver & Fit, Healthways, Health Plan Partners with qualifying insurance. Stop at the desk and we can check to see if you are eligible.



\*Watch for upcoming special events throughout the year!

"Like" us on Facebook to stay connected with our up to date information including cancellations and class changes!

4100 Green Pond Rd. Palmer, PA. 18045 - www.palmercommunitycenter.org - 610-252-2098



### **Silver Fitness Schedule**



Charles Chrin Community Center of Palmer Township, 4100 Green Pond Rd., Palmer, PA 18045



Monday	1:00pm-1:45pm	<b>Zumba Gold</b> Rebecca
Tuesday	1:00pm-1:45pm	<b>Pilates Tone</b> August
Wednesday	1:00pm-1:45pm	<b>Zumba Gold Toning</b> Rebecca
Thursday	1:00pm-1:45pm	Core Stretch August
Friday	1:00pm-1:45pm	Silver Yoga Becky

#### Join our Walking Club!!!

12:30-1PM Every Monday - Friday (weather permitting)

#### \$10/Month

This program will run this Fall during the months of September and October.

We will take advantage of the walking path surrounding the Community Center and the beautiful Fall weather and walk as a group, incorporating a few strength training exercises along the way. This is a wonderful opportunity to socialize and get in those daily steps!!!

#### We also offer FREE quarterly social events!

You can find more information at www.palmercommunitycenter.org or call 610-252-2098

#### Our Silver Pass is \$20/month

(includes access to the Fitness Center and all Silver Fitness Classes only) Drop-in Fee is \$3/class

\*Check eligibility through your insurance for Silver & Fit, Silver Sneakers, or Healthways. Zumba Gold - Latin-inspired, dance fitness program designed for the active older adult, beginner participant, pregnant women, those who need modifications, arthritis sufferers, and those recovering from injury. This is a fun, feel-good, party-like class.

Pilates Tone - This is a great way to increase strength, flexibility, balance & coordination. Pilates is regarded as an ideal exercise regimen for people in or over their 50's due to low-impact exercise. Benefits are improved posture, stamina, and strength.

Zumba Gold Toning - "Muscle Toning for the Young at Heart", combines the cardio element of Zumba Gold with strength training techniques.

Core Stretch - A full body stretch using movements that flow smoothly to increase flexibility, decrease muscle tension, develop core strength, and improve muscular balance.

Silver Yoga - This class will begin with a short breath practice and then work up to a mindful flow ending in a relaxing shivasana. Participants will explore getting into and out of different yoga postures and how to make adjustments when necessary. This class will use props, explore variations, and work on balance while increasing both strength and flexibility. No prior yoga experience necessary - all levels welcome! Come explore the beautiful blend of breath and movement to open up the body and enhance mobility.



### Silver Fitness **FALL SOCIAL EVENT**

Monday, October 26th, 2020

2:00pm-3:30pm



Join us for some festive Halloween crafting! We'll be creating "Jack-O-Lantern" flower pots and filling them with a succulent. We'll also have board games and cards to play.

Dress in your Halloween best and feel free to bring a treat to share with the group. Light refreshments and snacks will be provided. A potluck sign-up sheet can be found at the front desk beginning October 12th.



Come relax and socialize with other members and instructors.

\*\*\*Bring a friend to class & the event and you'll each receive a week of FREE classes!!!

Please join us for a spooky fun time! Can't wait to see you there!

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### THANK YOU

Palmer Township gratefully acknowledges the generosity and support of the businesses and individuals who have placed advertisements in our newsletter. This newsletter has been designed and printed at no cost to you, our residents. We encourage you to patronize these businesses as they play a vital role in the economic stability of our community.

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